

Life & Times



Parents For Community Living

Spring 2013

Pastern Trail Home Celebrates 10 Years!!

Inside this issue:

| | |
|--------------------------------|---|
| Janet's Story | 2 |
| SHI and Community Partnerships | 2 |
| Extraordinary Volunteers | 3 |
| Bowlathon, Pennies and Quilts! | 3 |
| Donation Dollars at Work | 4 |
| New Staff for PCL | 4 |
| Amazing Race 2013 | 4 |

Our Pastern Trail home opened in 2003 serving two transitional aged youth who moved out of the child welfare system and into the developmental service system. Within a year, PCL was able to serve an additional man from the community. In 2006, PCL addressed some changing needs of individuals, and the ladies from Crimson apartment moved into Pastern Trail, as they required additional supports. The two men residing at Pastern moved to the Crimson apartment to further develop independent living skills. With some additional funding, PCL was able to support a fourth person in the home in the summer of 2007. The summer of 2012 brought more changes as all but one individual at Pastern Trail transitioned to existing homes

within the agency. Today, four men at Pastern Trail have settled into a new routine as they continue to learn and grow individually as well as a family group. (K. Loveys)
The outside of the house may look the same as it did 10 years ago, but the inside has changed quite a bit! Four men live in the home today, four completely different, yet unique men who finally, after not quite a year of living together, are finding a way to make Pastern home. Anthony, Brennan, Doug and Steven are the men of Pastern. Each gentleman has their own daily schedule, but come together for dinner to discuss the day's events, sometimes a little louder than usual! They usually settle into the evening with hockey, baseball or



Doug, Brennan, Steven and Anthony call Pastern Trail home.

whatever kind of sport the season calls for, on the television. Each has their own unique interests, whether it is Anthony with his DS or IPOD, Brennan with his laptop and music collection, Steven with his puzzles (of which there are MANY) and Doug with his sports. These four vibrant and outgoing men have come together to learn, live and create a place they can each call home. (C. Frost)

Our Homes and SSP's:

| | |
|---------------|--------------|
| Blueridge | Gayle R. |
| Westheights | Steven A. |
| Stanwood | Karene M. |
| Crimson | Jennifer A. |
| Casey | Stephanie C. |
| Pastern Trail | Lisa R. |
| Monarch | Ashley K. |
| Malabar | Tara B. |
| Evelyn | Sonya M. |

Congratulations to the following staff who have celebrated significant anniversaries since our Winter 2013 newsletter.

- 5 Years**
Alisha Brett
- 3 Years**
Ashley Kavanaugh

PCL's 8th Annual Golf Tournament June 6th!

PCL's Fundraising Committee have been working hard to make this year's golf tournament the best yet! Tee off time is 1:00 pm at Conestoga Golf and Country Club. The registration fee of \$135 includes lunch, green fees, golf cart and dinner. There have been some great prizes coming into the office and we, once again, have Bill McBay to MC the program.

This annual event has raised over \$61,000 since its inception in 2006! These funds are so necessary to help provide quality support for those in PCL's care. This year PCL was able to purchase a van for Blueridge home with money raised through golf tournaments, mail outs, and other fund raising ventures. We thank each and everyone of you for supporting

this and all fund raising events. Your involvement truly makes a difference. Golf Tournament registration forms are available at the office or on our website at pclkw.org. Want to join us for dinner only? A limited number of dinner tickets are available for \$35. Call Donna at 519-742-5849.

Hope to see you there!



Janet W. has lived at PCL's Stanwood Home since 1997.

Janet's Story

Janet W. has been part of the PCL family since 1997 when she moved from her family home in Kitchener where she lived with her Mom, Dad and two brothers, to her new home on Stanwood Cres.

When asked what she likes about Stanwood, she replied, "I like having my own room. I like the outings, especially bowling on Monday nights and going to Tim Horton's for coffee. I like having

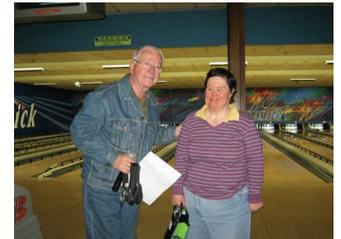
my housemates around, and I like my 'house mom'".

Janet works at the Kinsmen Centre in the production centre.

What are Janet's favourite hobbies? "I love music and I love to dance. I'm a good dancer. I also, like sports, like hockey, baseball and tennis" Favourite singers? "Lady Gaga, Beyonce, and Alicia Keys!"

Janet also loves spending time

with her family, especially her nephew, Sam.



Janet won the award for highest female bowling score at PCL's Bowlathon 2013.

"YES I CAN"

(Theme song for SHI 2013 written by Jason Barry)

You may not think that I can do this

*But I can and I'm gonna prove it
Win or lose I'll see this through
to the end*

I got my family around to help me

And all my friends are ready and we agree

Together we can all make a difference

I know nothing in life comes easy

But I am willing to get my hands dirty

Keep my head held high and my heart open wide

Yes I can. Be the best that I can be

Yes I can. Be the one to help others see

Yes I can. Change the world with hope and help them understand

Yes I can.

Community Partnership

By Kathy Loveys, ED

Last summer (2012) PCL renovated its newest home on Monarch adding a room and completing fire retrofit renovations etc. The work was completed by Dakon Construction Ltd. under the leadership of Dennis Kuepfer and his team. The work completed was excellent with the Dakon team meeting with us regularly for consultation and review of progress. Relation-

ships were not only developed with the PCL management team, but also with the neighbours, especially Chris and John next door who have given so generously of their time to establish beautiful gardens. This past winter Dennis and his Dakon team generously donated their skills, time and materials to build a three-sided PCL 'home' for our participation in Hockey Avenue at the Special Hockey International event held at the Kitchener Auditorium from

March 14-16, 2013. The SHI event was a hit with all participants and everyone who visited our PCL 'home' was impressed with the structure as well as the services PCL provides to the community. I want to extend a huge **THANK YOU** to Dennis and his team who exemplifies what community partnerships are all about as we work together to serve those in our community with developmental disabilities.



The Special Hockey International mission is "To provide an opportunity for hockey players of any ability to play in a tournament which emphasizes fun, friendship and respect."

PCL was proud to be part of Special Hockey International 2013, held in Kitchener from March 14-16. Sixty teams from Canada, USA and Great Britain participated. What an amazing opportunity for us all.



**PCL's Display Home for SHI 2013
"Yes I Can Live Independently in the Community"**

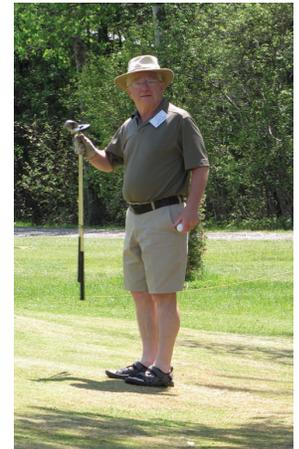
Thanks to Dakon Construction for building the home and Stephanie and Bea for painting the interior.

Extraordinary Volunteers: PCL spotlights Denis Turenne

By Kathy Loveys, ED:
Not for profit organizations rely on volunteers to assist with their work in a variety of ways. Parents for Community Living has many volunteers within the agency and we are fortunate to have an exceptional volunteer who has served in various capacities over the years and who does extraordinary work for the agency. **Denis Turenne**, brother to Lynn at Monarch, is our volunteer extraordinaire! Denis' involvement with PCL goes back to 1995 during PCL's formative

years. He has been involved on the fundraising committee since 1995 and has also lent his skills and knowledge to the Human Resources committee, Nominating committee and provides leadership to the Parent and Members group. Denis served on the Board of Directors from 1999-2005, serving as President of the Board from 2003-2005. Denis initiated our first golf tournament in 2006 and has chaired the golf committee since that time. PCL's golf tournament has generated over \$61,000 over

the years and we thank Denis for his continued involvement and leadership with this important fundraiser. Denis is a huge advocate for those with developmental disabilities, championing not only the needs of those PCL supports, but also the needs of those at K-W Habilitation where he serves on the Board of Directors and other committees. We thank Denis for his work on behalf of our community, of those with developmental disabilities and Parents for Community Living!



Denis at the Annual PCL Golf Tournament.

Bowlathon Fun-d-Raiser a Big Success

PCL's Bowl-a-Thon 2013 was a huge success with 21 teams and over 100 bowlers participating.

This event, organized by PCL's Fundraising Committee, raised **\$3,421!!**

Congratulations to the following teams and players.

Team Blair

Highest scoring team and the Gold medal winners

Team Michelle

Second highest scoring team and the Silver medal winners

Team David and Doug

Third highest scoring team and the Bronze medal winners

Janet W.

Women's highest score

Steven S.

Men's highest score

Thanks to all who made this event such a great success!!



*Top left: Team Blair
Top right: Team Michelle
(Congratulations Michelle, on your 1 year anniversary with PCL)
Bottom Right: Team David and Doug*

Pennies for PCL

Well, we did not manage to fill the barrel :), but we certainly did collect a lot of pennies— like 31,151 pennies for a total of **\$311.51!!** Thanks to everyone who collected Pennies For PCL.

The barrel is now in storage. Maybe we'll need it to collect nickels soon? We'll be ready!



Waterloo County Quilters' Guild Quilt Raffle

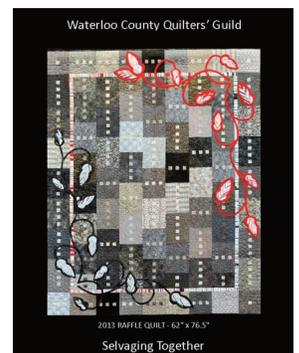
Waterloo County Quilters' Guild has chosen PCL to be the recipient of the funds raised from the auction of their 2013 Raffle Quilt, entitled Salvaging Together. The quilt is 62" X 76.5" and showcases a gorgeous variety of taupe and red colours.

Raffle tickets are \$1 each and can be purchased at PCL head office.

If you would like to see this beautiful work of art up close, it will be on display at the Waterloo Farmer's Market on June 8 and 22, July 13, August 10 and 24, and September 7. Tickets available at the display, as well.

The final draw will take place Sunday, September 29th, 2 pm at The Mill, 3rd Floor, St. Jacobs.

Thank you Waterloo County Quilters' Guild.



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MISSION

To enhance the quality of life of individuals with developmental disabilities by providing services and family-like homes in our community

VISION

Every individual with developmental disabilities lives with dignity as a valued member of our community.

Board Members

Jeff Harris (chair)
Trenny McGinnis (vice chair)
Chris Barker Darren Becks Tim Flannery
Gary Howell Ed Koenig Chris Lasovich
Daniel Paquin Teresa Radford



Join us on Facebook.
Search Parents For Community Living on your Facebook page, then "like" our page.

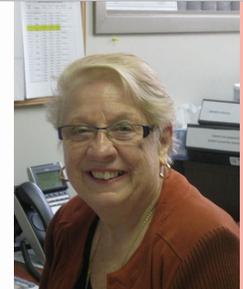


We're on the Web at
www.pclkw.org

Thanks to all who have donated to PCL and supported our many Fundraising events and campaigns. The Blueridge men proudly display their new van bought with donated funds!!



Thanks to the generosity of the Ministry of Children and Youth Services, PCL's Children's Respite Home on Malabar Drive has also received a new van this spring!



PCL is pleased to welcome Jan Smith to our management team as the new Finance Manager. Welcome Jan.

Team "Dazed and Confused" Ready for Battle

The Woolwich Kin Club's third Amazing Race is set for take off on Saturday, July 20th and PCL is pleased to be one of five local organizations that will benefit from this fund raising event. This year's theme, Special Forces, adds a military angle to the various challenges teams will face. Whether running, canoeing or digging for treasures, many teams will be fighting for the coveted Amazing Race winner title and prize.

So far PCL has one team—Team **Dazed and Confused** (aka Kathy, Brenda and MaryAnne)



but the challenge is on to get more teams on our side! Maybe being part of a team is not your "cup of tea" but we do need sponsors. As you can see from the sponsor levels below, if our team doesn't get enough

sponsors, they may end up swimming down the Grand River!
\$150 – Entry Fee
\$300 – Access to a canoe for the race (remember...the canoe is pretty vital;)
\$550 – Random selection of a significant race advantage
\$800 – Map of the race route
\$1000 – Route map with all race advantages and challenge stations identified
\$2500 – Your team's very own personal Race Butler!
*****BUT! Butlers will ONLY be awarded to the FIRST 10 TEAMS to reach the \$2500 threshold!**
You can sponsor "Dazed and Confused" or any PCL teams on line at <http://www.grandriveramazingrace.ca>
Last year's Amazing Race raised over \$60,000 for 3 local charities. Thanks Woolwich Kin Club for choosing PCL. We are very excited to be participating. Watch our website and Facebook page for updates.

Core Competency Initiative in its 5th year

The Developmental Services Human Resource Strategy is now in its fifth year of a partnership between the Ministry of Community and Social Services and the Provincial Network in Developmental Services and has exceeded its expectations with accomplishments to date. The implementation of Core Competencies has rolled out across the province involving now more than 107 organizations. Core competencies are the behaviours demonstrated by employees that are important contributors to predicting outstanding performance in a position. They mark the difference between good job performance and OUTSTANDING job performance. At this point 80% of PCL employees have been trained in the Core competencies and we continue to develop activities and coaching to keep the competencies a major part of the values of PCL. This will assist PCL in maintaining and improving the quality of our service.