



# Life & Times

## Parents For Community Living

Summer 2014

### PCL's 9th Annual Golf Tournament raises over \$10,000!!

**Celebrating 25 years!!  
1989-2014**

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Congratulations to the following staff who have celebrated significant anniversaries since our last Winter 2014

newsletter  
**10 Years**

Lisa Ross  
Shadia Sahadat  
Michelle Vasconcelos

**5 years**

Christine Blocki  
Katarino Sabo  
Jennifer Schweitzer

**3 years**

Stephanie Coulas  
Erika Hazlett  
Krista Pettey  
Julio Realgeno  
Emma Walsh

Thanks to the generous donations and support from many businesses and individuals, PCL's 9th Annual Golf Tournament was a rousing success!

Seventy five golfers enjoyed a day of sunshine, golfing, raffles, prizes, lunch and dinner at the beautiful Ariss Golf and Country Club on Thursday, June 19th.

Twenty local businesses sponsored holes, with a special thank you to Meineke Car Care who sponsored three holes!!

Two lucky golfers went home with a wheelbarrow full of wine and a BarBQ with a bucket of craft beers, all for the cost of a raffle ticket! Thanks to Swanson Home Hardware, Onward Manufacturing and The Bent Elbow for these generous donations.

With over \$10,000 in prize and

silent auction donations, everyone went home with a beautiful prize and some got great deals on the 17 amazing silent auction items.

MC for the evening was retired weather man Dave MacDonald, who kept the dinner and prize part of the day lively and fun! Thanks, Dave, for the great weather, too!

Thanks to the many volunteers who took pictures and kept the day running smoothly.

Thanks to Ariss Golf and Country Club for being such helpful and accommodating hosts.

Finally, thanks to the Golf Tournament Committee, Denis Turenne (chair), Chris Barker, Gary Howell, Donna Lenz, Kathy Loveys and Teresa Radford, who worked tirelessly for months to make the whole day such a success.

Plan to join us next year at our



**Kathy Loveys (Executive Director) and Terry Smith (Finance Manager) ready for a day on the course.**

10th Annual PCL Golf Tournament on June 18th and Ariss Golf and Country Club.

See you there!!

## Come celebrate with us!

With this being PCL's 25th anniversary year, there are two special events planned for the coming months.

On Mon., Aug. 18th, Parents and Members will host the PCL Annual Picnic at the Victoria Park Pavilion on Schneider St. in Kitchener. Come join us for hamburgers, sausages, salads, drinks and live entertainment. Cost is \$5 per per-

son, free for children under 12. Please RSVP by Aug. 12 to Giselle 519-884-0543 or [giseledeno@yahoo.com](mailto:giseledeno@yahoo.com).

PCL's AGM will be held at the Kitchener Art Gallery on Monday, Sept. 15th. A social time with wine and hors d'oeuvres will proceed the meeting. Watch the PCL website at [www.pclkw.org](http://www.pclkw.org) for more details.



## Graduation Congratulations to Lia Jong and William!



## Doug ..... 25 years with PCL

By Gayle R., SSP Blueridge

Doug O., along with his two roommates, moved into PCL's first home on Blueridge Dr. 25 years ago in Feb. 1989. Doug's move brought to reality his and other family's dreams to give their children with developmental disabilities, a lifestyle separate from their parents. Many hours of fundraising, planning and construction led up to the big moving day, and the beginning of Parents For Community Living.

Once settled in his new home, constant encouragement and support from the Blueridge staff helped Doug to expand his horizons into the community. At first, it was an adult learning program, then he joined a volleyball team and a Hiking Club. Doug has been a long-time member of a drumming circle, has received his five-year volunteer pin from the Waterloo Regional Food Bank, and works at St. Francis of Assisi Catholic Church

weekly. Doug also enjoys a variety of social activities including movies, bowling, mini golf, various fitness programs, and the Community Living dances.

In 2012, Doug travelled to Las Vegas with two of his housemates and Blueridge staff, and was an enthusiastic traveller. In 2013, Doug participated in the Stop Bullying campaign by appearing in their promotional ad on CTV. Most recently, Doug has made a very successful transition from the old Kinsmen Centre to The Vibe, in the new K-W Habilitation building.

There have been many changes in Doug's home life as well. He has experienced the loss of both of his original housemates, as well as a long-time staff member. In 2006, Doug's brother joined him to live at Blueridge House, ticking another box on their parents' wish list. Doug has two other



In 2013, Doug participated in the Stop Bullying campaign by appearing in their promotional ad on CTV.

housemates as well. Doug, his brother and their roommates live very much as a family. It isn't always perfect, but they have each other.

Doug has not only fulfilled his parents' vision of a successful life separate from theirs, but has also far surpassed it. Doug O. was PCL's original pioneer 25 years ago, and has become a role model to others living in PCL homes as to what may be possible for them in the future.

## Pastern Trail Fitness Challenge!!

By Chantal F., staff Pastern Trail

For 12 weeks both staff and supported individuals participated in weekly fitness challenges, daily exercise and received delicious recipes all of which earned them points. Fantastic weekly prizes and grand prizes were handed out totalling over \$600.00 in prizes. Blueridge guys cleaned up winning the house challenge with the Pastern men right behind them. The

Casey women should be recognized for their hard work as well! For the supported individuals, Brennan H. of Pastern ran away with the grand prize with Doug C. right behind him and Kathy K. wrapped it up with 3rd place. Way to go! For the staff, Dianne H. from Westheights won weekly challenge after weekly challenge finishing in 1st place! Ashley J. was an impressive second place and Brenda V. H. finished up in 3rd place.

Special shout out to Gerry C. from Evelyn for her commitment to the challenge. Even though she started the challenge late, she gave it her all!

We would like to recognize all the incredible donations we received that allowed us to provide everyone participating with such great prizes:

CrossFit Kitchener  
Good Life Fitness  
THE MUSEUM

City of Waterloo  
Brunswick Frederick Lanes  
Williams Coffee  
Smart Meds  
Parents for Community Living  
Head Office  
Thanks to Good Life Fitness, all participants received a water bottle. If you participated but did not receive one, please call us at Pastern.

## Bea, the one-in-a-million volunteer

By Stephanie C., SSP Casey Home

Bea Borsato- a name that will instantly put a smile on any of the faces of the ladies at the Casey House. She is Casey's one-in-a-million volunteer who has invested so much of her time in the lives of each of the ladies that live there. The Casey ladies were asked one afternoon "what do you guys love so much about Bea?" and it didn't take any of them long to respond. "I love her", "she is such a good friend", "she is the kind of lady that just makes you really happy", "she is always here, always doing such nice things for us all the time", "she always does special things for us on our birthdays".... were just a few of the responses.

Bea is one of those human beings that you just wish there were more of. She has a heart

of gold that has served the Casey ladies generously for over 5 years now. Bea spends time each Tuesday afternoon running a craft group at Casey- providing all of the supplies and socializing with the ladies for the afternoon. She has been an extremely large support system on their weight loss journey. She comes each Thursday to the house to run a weight loss group, and is always encouraging each of the ladies to find value in who they are, and to keep on trying, even when they have had a rough week.

One of the Casey ladies described Bea as her "Best Friend", and to each of them, this statement is very true. To these ladies, Bea is a constant in their lives, one that they have learned to love and trust over the years. Bea is somebody that

they feel they can go to for support, to talk with, laugh with or cry with. She is constantly going out of her way to make each lady feel special- by taking them out for coffee, sending them e mails of encouragement or planning something special for their birthday.

It is very obvious that loving and caring for people comes naturally to

Bea. The Casey ladies have been blessed to have her in their lives. She has made her mark, and has impacted their lives in ways she could never imagine. THANK YOU Bea for all of your time, energy and love.... you make a HUGE difference in the lives of each of the ladies at the Casey House!!



## It Takes a Village—St. David's Students Win Award for PCL



Lucy, Megan, Justyne and Brittany receive a \$5000 cheque for PCL!!

On May 29th, a group of four students from St. David Catholic Secondary School in Waterloo, were awarded \$5000 to be donated to Parents for Community Living for their presentation as part of the Youth and Philanthropy Initiative (YPI). The Youth and Philanthropy Initiative is a one-of-a-kind experience that engages young people in social change and empowers them to participate in the growing of compassionate communities. Each

year, hundreds of grade 10 students, as part of their Civics course at St. David, research local charities and create presentations for their classmates. These presentations are evaluated by their teachers and a few are selected to be presented to a panel of judges. For several years, students have selected and created presentations about PCL and finally this year a group was chosen as the best entry. The students are Lucy Condon, Megan Grant, Justyne Johanns, and Brittany

Schmidt and they did a fantastic job representing PCL. They created a video which was based on the Malabar Children's Respite Home and it included an interview with Tara and a parent. As well, they challenged the student body to consider this statement, "**It takes a village to raise a child, and this is our village, and these are our children**". Congratulations to the students and teachers for making this possible!



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MISSION

To enhance the quality of life of individuals with developmental disabilities by providing services and family-like homes in our community

VISION

Every individual with developmental disabilities lives with dignity as a valued member of our community.

Board Members

	Tim Flannery (chair)	
Chris Barker	Darren Becks	Gary Howell
Marion Kelterborn	Ed Koenig	Chris Lasovich
Shereen Rowe	Larry Scanlon	Brittany Seigner

Join us on Facebook.  
Search Parents For Community Living on your Facebook page, then "like" our page.



We're on the web at  
[www.pclkw.org](http://www.pclkw.org)

## Decade Birthdays



Congratulations to Paul B., Janet W., Matthew C. and Doug C. who celebrated significant birthdays this year.

A party was held in their honour on June 10th at St Francis Parish.

### Boston Pizza Fun Night

Thanks to everyone who supported our Boston Pizza Party fund raiser on Wednesday, May 15th. We had a blast, and raised a total of \$511.55 (\$405 donated by Boston Pizza from food sales and \$106.55 put into the donation jar.)

Special thanks to Brian and all the staff at Boston Pizza 597 King St. N., Waterloo who were so supportive, encouraging and helpful.

## Core Competencies - a continuing process

.... COLLABORATION ..... CREATIVE PROBLEM SOLVING AND DECISION MAKING ....

By Brenda Van Houtven, Manager of Residential Services

Our process with the implementation and facilitation of the Core Competencies within our agency continues with many new learning opportunities and training events for employees. So far this year we held a challenge for the staff to share their stories about "what their job did for them today" We had several entries from the staff and each story showcased the many competencies that they use in their roles each day to add value the lives of the people we support. Those stories can be found on Brenda's bytes on the PCL website, so if you have not already had a chance to read them, please do so. They are very inspiring.

Currently we are in the middle of what we call "Mission Possible" Each home and the office staff, has been given a competency and the staff together with the people we support are creating a poster/collage to represent that competency. Each team is having some fun and using their imagination to come up with creative and ingenious ideas. Once all of the posters are complete, we will be taking photos of the posters and having them made into a 2015 PCL Calendar which we hope to share with as many people as possible.

Be sure to join us at our Annual General Meeting on September 15th where we hope to be able to share the final project.

.....DEVELOPING OTHERS..... INITIATIVE

RESILIENCE..... ADVOCATING FOR OTHERS....

..... INTERPERSONAL RELATIONS AND RESPECT .... FLEXIBILITY