

SPRING 2022



BRIDGEPORT AT LANCASTER



The tenants at Bridgeport @ Lancaster have been living there for almost nine months now and many "firsts" have been celebrated in their new homes. It hasn't been an easy journey with COVID restrictions in place but as we'd always hoped, a true community is forming.

Bridgeport at Lancaster has forty-eight affordable housing units. Ten of these units are for Parents for Community Living and are home to people with exceptional needs. PCL offers 24 hours on-site support to these adults through our supported independent living program (SIL).

Staff provide assistance with day-to-day tasks and assist the people in the SIL program to develop and refine skills they need to be fully involved in their community. Each person in the program is unique and staff may assist them with personal care, scheduling appointments, budgeting, transportation and community involvement.

Several individuals volunteer/work/attend classes in the community and staff have supported them to feel comfortable riding and navigating GRT. Using public transportation is a very important part of independent living as it opens doors to the whole community including grocery shopping, medical appointments, going to community programs, and visiting friends/family.

The location of the building is fantastic with a bus stop right in front of the building as well as a Tim Hortons, Subway and other amenities nearby.

The local establishments have welcomed the new tenants of the building as faces are becoming familiar and favourite orders are being remembered. This contributes to the feeling of belonging to their community.

With COVID restrictions easing, the people of Bridgeport @ Lancaster are very happy to be returning to work opportunities and participating in community programs. The nicer weather is encouraging everyone to get outside and enjoy the spring weather and soon the gardens will be planted.





The D'Arcy H. Swartz Community Room has been a great asset, acting as a place to gather for programming, zoom activities, meetings, and events. It is also used on Sundays for brunch when all of the tenants supported by PCL meet together to enjoy a good meal that they helped to prepare in PCL's Community Kitchen. This popular event is a special time that everyone looks forward to each week.

After ceasing operations due to the fifth wave of COVID, daytime activities have started up once again! The warmer weather and loosening restrictions mean activities like going swimming, taking walks and other community activities will begin again!

Our partnership with Second Harvest has been a great benefit to PCL and the entire Bridgeport @ Lancaster community. Rescuing good, edible food from local businesses helps to reduce the environmental impact of food waste while helping to offset the rising cost of food for the people we support in our community.



More program space... more affordable housing...

We are currently in discussions for Phase 2 of the Bridgeport at Lancaster project. This phase will include much needed affordable housing units and program space for people with disabilities. If you would like to be a part of supporting the Phase 2 project, please contact Kathy Loveys, CEO Parents for Community Living at kathyl@pclkw.org.

