CLPulsē

May 2024

LerLer is looking forward to competing in the upcoming Special Olympics Games May 23rd to 25th in Waterloo Region

Q: When did you start playing basketball?

A: LerLer first learned basketball while living at Evelyn from her friend Kyle. They had a net and they would play together.

SPECIAL OLYMPICS ONTARIO SPRING GAMES WATERLOO REGION 2020

Vith LerLer

Q: What do you like about basketball?

A: LerLer likes that basketball is fun and active and it makes her feel happy.

Q: What are your basketball goals?

A: Her goals are to win at tournaments and do well at the provincial games this year. They will be choosing members for the Ontario team that will compete in Medicine Hat, Alberta, in Summer 2026.

Q: What is your advice to others about basketball?

A: Ler Ler says to just try it and see if you like it and have fun!

Q: Do you have a favourite basketball memory?

A: LerLer's favourite memory is when the Titans came and played with them. Also, she loves winning medals at tournaments!

Q: What do you like about being part of Special Olympics Basketball?

A: LerLer likes Special Olympics basketball as it includes skill development, and she helps the coaches as well. LerLer loves to learn!

Opening Ceremonies

May 23rd 7:30pm @ Waterloo Memorial Recreation Complex (go to soontar.io/live-stream to watch the ceremonies from home!)

Attend the Games and Cheer on LerLer and

her team! May 24th & 25th 8 am to 4 pm @ WLU Athletics Complex & St David CSS

**The Game Schedule will be posted on Thursday, May 23rd.

Special Olympics Ontario





MESSAGE FROM KATHY LOVEYS, CEO

Our year end has come and gone without the usual opportunity to complete some necessary renovations or replace aging appliances. With very little mentioned in the provincial budget for the Developmental Service Sector over the next three years, we are looking at leaner times across the sector and for PCL. We were able to budget a 2% salary increase for our valued employees, however, recognizing how important they are for our agency and the people we support.

Organizational Capacity Assessment and Goals

As we work on accomplishing the goals set out in the Capacity Canada Organizational Capacity Assessment, we recognize the importance of building upon our very lean infrastructure to accomplish these goals. With Journey to Belonging, we understand the need for quality programming and the evaluation and marketing of that programming is going to be very important. This will likely be the focus of our development as an organization. We also understand that communication with our employees, families, those we support and other stakeholders is very important. We are hoping to provide regular communication to you, our valued stakeholders, through regular updates via the PCL Pulse and other mechanisms.







Board Committees

The Governance and Board Process Committee is working hard on updating our bylaws and incorporating documents to be compliant with the new Ontario Not for Profit Corporations Act. This work has been underway for the last year.

Our Finance and Audit Committee is overseeing the audit for PCL's year end March 2024. We have a first draft which will be reviewed by the committee in the coming weeks. They have also been updating our Finance Policies and Procedures as we now fall under the guidelines and regulations of the Broader Public Sector due to the fact that PCL now has a budget in excess of \$10M.

Our Fund Development Committee is working on our next comedy night, Stand Up for PCL, to be held in the fall. Stay tuned for details.



Strategic Plan 2024-2027

Our work with People Minded Business on our next strategic plan is underway! We have formed an Advisory Team to provide oversight for this work. Surveys have been sent out and focus groups are being developed to obtain your insights into our next strategic plan.



Nancy Mitchell- We are saddened with the loss of Nancy at our Crimson home. Nancy was a bright light of joy and laughter, and she will be greatly missed by our Crimson team and many of the people we support. PCL supported Nancy for 19 years. I want to thank the Crimson team, led by Jeni, for their compassionate care of Nancy in her final days and over the last several years. All our employees who supported Nancy over those 19 years helped to give Nancy a full and wonderful life. Thank you.

Kathy Loveys CEO, Parents for Community Living





Abby, Robbie, and DeAndre made Earth Day count! They spent time outdoors enjoying the beautiful day and tidying up the neighbourhood.



For National Volunteer Week, we received wonderful news about Amanda's outstanding contributions to Community Support Connections! Amanda has volunteered at Community Support Connections for over 6 years, and this past year, she dedicated an impressive <u>178 hours</u> to their Meals on Wheels Kitchen.



Mike went to see the "Ones" The Beatles #1 Hits at Centre in the Square. Mike had a great night that included singing along to Beatles hits and twisting and shouting!

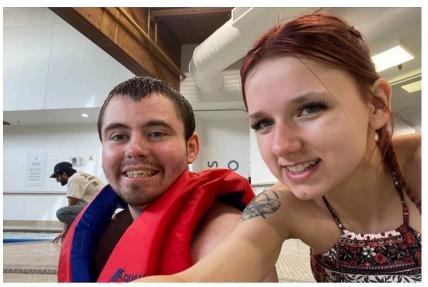


PCL had a big cheering section as they attended their first Blue Jays game of the season.





The kids at Malabar worked on colourful cards for Mothers Day.



Pool Time with Cameron and PCL DSP, Gracie.



Paul went to the Queen Concert at Center in the Square. Shelley, PCL DSP, enjoyed seeing how much Paul was into the music. He sang, danced and played air guitar throughout the show.



Barbara enjoyed interactive games made by students who were doing a work placement at her home.



Thank you to the Breslau Volunteer Fire Department for warmly welcoming our SIL and day program to the station! Mark and firefighter Jim led the tour, which was interactive and fun.





Our weekly craft club has been creating unique and fun take-home crafts! This fun club loves to get together and be creative. Here, Laura, Anna, Abby and Kathy proudly display the gnome planters they made.





Parents for Community Living was well represented at the KW Titans Game in honour of World Down Syndrome Day. Kathy Loveys, did the ceremonial tip-off and we had a table in the community corner to share the important work we do in the community.





Those who know William, know he loves to watch game shows. So when PCL's Direct Support Professional, Ellen C., heard "The Price Is Right" was coming to town, Ellen knew right away that William would love to experience this in person. Ellen reached out to William's Mom (whom William grew up watching game shows with) and arranged for them to go to the show. Ellen shared that William smiled throughout the evening, completely engaged in the excitement of the show. A big highlight for William was watching contestants spin the big wheel.





Several homes went to the Donkey Sanctuary where everyone had the opportunity to pet, brush and see donkeys and mules

Kathy and Paula watched part of the eclipse (safely of course).





Each month Brenda and Amber from HR go for a spin in the time machine. The era they arrive in will be the theme for the month.

We are having a blast with this year's wellness theme! PCL Hot Tub Time Machine.

Follow our adventures online.





PCL Pulse-









WANTED FOB: Advicating and being a goal frend Loveancy













N PCL Pulse- \frown RIODIC TABL ollow www.pclkw.org FO D DONATE 🎔 SZ ST ZAM